



Introduction: Got Fear? Trust Your God

*“When I am afraid, I will trust in you. In God, whose word I praise, in God I trust; I will not be afraid. What can mortal man do to me?”
(Psalm 56:3-4, NIV)*

Learning to Trust In Our Ever Faithful God

1 PETER 3:3-6

- “GENTLE” does not mean passive, weak, or someone who cannot help herself. It means **“controlled strength”** from a humble heart that bows itself before God, recognizes God’s dealings with us as good, and chooses not to be contentious or resistant against Him, fighting God for “what I want.”
- “QUIET” does not mean whisper, silent, or bland. It means **“tranquility arising from within”** and includes the idea of causing no disturbance to others. It is an inner peace and calmness in the midst of any circumstance.
- “DO NOT GIVE WAY TO FEAR” does not mean to never get afraid. It means, **“not being terrified by any terror.”**

Count on 4 truths to sustain you in your faith walk

Truth #1: God Loves Me — Romans 5:5; 8:38-39

Truth #2: God Knows What Is Going On In My Life — Matthew 6:31-32

Truth #3: God Can Do Something About It — Genesis 18:14; Luke 1:37; Mark 10:27

Truth #4: I Can Trust His Goodness in Whatever He Chooses to Do — Psalm 119:68

- God is good even in the tough times.
- God is good in different ways for each of us.
- God is good in what He allows and doesn’t allow into our lives.

Practice “Dependent Living” on your walk from fear to faith...

Trusting as Jesus taught us to trust. We can’t do this on our own. We can depend on His ability in us.

Fear..... to.....Faith

“I can’t”..... to God can through me.

“I can’t”..... to God can in me.

“I don’t”..... to God does for me and through me.